

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

SAY IT OUT LOUD

An idea in your head is just an idea. Out loud, it's a mission.

MY IDEA

WHO I'M GOING TO TELL

HOW I'LL SAY IT (THE FIRST SENTENCE)

WHEN I'LL SAY IT

WHAT I'M WORRIED THEY'LL SAY

WHAT I'D SAY BACK

THE PAUSE

There's a tiny moment before the words come out. Catching it is the whole skill.

Think of times the words came out faster than you wanted. Fill in a row for each one. Nobody else has to read this.

WHAT WAS HAPPENING	WHAT I SAID	WHAT I COULD SAY NEXT TIME

**ED'S TRICK**

You don't have to get it right the first time. You just have to notice the pause. Noticing it is the win. The rest gets easier after that.

SHOW, DON'T ARGUE

Arguing closes doors. Showing someone opens them.

WHAT I WANT

WHAT THEY SAID, AND WHY

WHAT I COULD BUILD, DRAW, OR SHOW THEM INSTEAD

WHAT I NEED TO MAKE IT

WHEN I'LL SHOW THEM

BUILD YOUR CREW 🖐️

Ed didn't build the spaceship alone. Nobody builds the big stuff alone.

Who's on your crew, and what is each person great at?

NAME	WHAT THEY'RE GREAT AT	WHAT I'D ASK THEM TO DO

☀️ WORTH KNOWING

A crew isn't just friends. It's a sister with a good idea, a neighbor who shows up, a grandparent who asks the right question. Count them all.